

Offer Verse Serve - Lunch

The student selection is given in the first column. Assume the school offers all meal components and age-appropriate portion sizes. If it is a reimbursable meal, justification is provided in the second column. If it is not a reimbursable meal, the necessary improvements are noted in the last column.

Student Selection	Reimbursable	Not Reimbursable
Cheeseburger, Whole-Grain Bun		No only two components, no fruit or vegetable component.
Grilled Cheese Sandwich on Whole-Grain Bread, Skim Chocolate Milk		No, no fruit or vegetable component.
Peas, Whole-Grain Noodles, Orange	Yes, three components are selected and one of the items is a fruit or veg. If fruit and vegetable are two of the three components, one of those must be a full serving. Cannot take less (1/2 cup) of both fruit and vegetable if only three components are on the tray.	
Beef Burrito		No, only 2 components, no fruit or vegetable component.
Chicken Fajita, Whole-Grain Tortilla, 1% Unflavored Milk		No, no fruit or vegetable component.
Ginger Chicken with Citrus Glaze, Fresh Apple Slices, Cole Slaw, Whole Grain Rice, 1% Unflavored Milk	Yes, all meal components have been selected.	
Whole Grain Roll, Skim Chocolate Milk		No, only 2 components, no fruit or vegetable component.
Pears, Carrots, Whole Grain Roll	Yes, three components are selected and one of the items is a fruit or veg. If fruit and vegetable are two of the three components, one of those must be a full serving. Cannot take less (1/2 cup) of both fruit and vegetable if only three components are on the tray.	